



SAMPLE ACTIVITIES CALENDAR

Memory Support

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 A.M. Morning Makeovers	9:00 A.M. Beauty Shop	9:30 A.M. Snack Time	9:30 A.M. Music Memories	10:00 A.M. Laughter Yoga
9:30 A.M. Sit & Be Fit	9:30 A.M. Morning Stretch	10:30 A.M. Walking Club	10:30 A.M. Arts & Crafts	11:00 A.M. Cook's Corner
10:00 A.M. Morning Snack	10:30 A.M. Boost Your Brain	1:00 P.M. Chicken Soup for the Soul	1:00 P.M. Music Time	1:00 P.M. Puzzles
1:00 P.M. Nature Film	2:30 P.M. Special Musical Guest	2:00 P.M. Singalong/ Board Games	3:00 P.M. Film & Discussion	2:00 P.M. Basketball
2:00 P.M. Corn Hole Game	4:00 P.M. Jeopardy	4:00 P.M. Trivia	4:00 P.M. Word Games	3:00 P.M. Happy Hour
6:30 P.M. Magical Musicals	6:30 P.M. Wild Wild Westerns	6:30 P.M. Classic Comedies	6:30 P.M. Drive-In Movies	6:30 P.M. Movies & Popcorn